



Calamvale Family Practice

Monday to Friday 8:00am - 6:00pm

Saturday 8:00am - 12:00pm

Follow Us On



• for regular health updates
• & information on health issues

18/2605 Beaudesert Road
Calamvale QLD 4116

Ph: 3272 4533

Fax: 3272 5815



This practice is a fully accredited general practice, having met the standards set by the RACGP.

Our practice, which opened in 2008, is committed to providing our patients with the highest standard of medical care.

Our Doctors are experienced in all aspects of general practice and we offer a comprehensive range of services. There is a strong emphasis on preventative health and patient education.

All patient consultations and medical records are kept strictly confidential.

DOCTORS OF CHOICE



Our Doctors

Dr. Sam Khalil

MBBCH, FRACGP

After working in the Brisbane area for 10 years, Dr. Sam opened Calamvale Family Practice and Skin Clinic in 2008 with the aim of providing high quality service to his patients whilst maintaining a Family Practice atmosphere.

Dr. Sam's special interests include diseases of the skin, Men's Health, Family Medicine and Occupational Health. Dr. Sam conducts Skin Cancer Checks using the latest advanced mole scan methods in a pleasant and friendly environment for all members of your family.

Dr. Jotham Joubert

M.B., Ch.B. FRACGP

Dr Jotham's passionate interests are in Skin Cancer checks, general Skin Procedures and Cosmetic Procedures for both men and women.

The services offered have expanded dramatically, and have become increasingly popular. Skin, Cosmetic and Aesthetic Clinic for all clients. All treatments are performed by Dr Jotham.

Dr Rajan Payyappilly

MBBS, FRACGP, FAMAC BSc, Diploma in Acupuncture/Japanese Accupuncture, M.App.Sc

After working as a General Practitioner and Acupuncturist on the Gold Coast for 10 years, Dr. Rajan moved to Brisbane. Prior to this he worked in Melbourne, Victoria for over 20 years.

Dr Rajan has been furthering his career in Acupuncture; treating and helping patients Australia wide. His acupuncture therapies can provide alternative treatments for quitting smoking, weight issues, chronic pain, sleep disorders, as well as a range of other issues.

Dr Mina Younan

MBBS, AMC, FRACGP

Dr Mina completed the Bachelor of Medicine / Bachelor of Surgery at The University of Cairo, Egypt, in 2002. He underwent the Internship at the Cairo Teaching Hospital and worked as a GP until April 2004. Dr Mina moved to Australia in 2004 and completed the AMC Certificate in 2007.

Dr Mina has worked in Anaesthetic, Emergency Medicine and Obstetrics & Gynaecology, Rural General Practice for many years. He successfully completed the Fellowship of the Royal Australian College of General Practitioners in 2017. With a wealth of General Practice and hospital experience, he is a highly competent GP. When not working, Dr Mina enjoys cooking, travelling and gardening, and is fluent in English and Arabic.

Our Allied Health

Bindi Cilento - Psychologist

Bindi has extensive experience in assisting adults and young people from the age of 16 years, with a wide range of common difficulties, both clinical and non-clinical. Bindi treats Anxiety, Depression, Phobias, Trauma, Low Self-Esteem, Women's Issues, Grief, Trauma and Unfulfilled Goals.

Bindi uses a number of treatment modalities tailored to your needs including Cognitive Behavioural Therapy, Acceptance and Commitment Therapy, Solution Focused Therapy, Mindfulness, Somatic Experiencing and Trauma Processing (EMDR).

Calamvale Family Practice Weight Loss Clinic

Want to be a healthier you? We can offer you help and support under the guidance of our Doctors.

How can 5-10% weight loss improve your health?

Being overweight or obese can increase your risk of other conditions and diseases.

Losing 5-10% of your weight may improve obesity-related health problems, including: * Diabetes * Blood Pressure * High Cholesterol * Heart Disease * Sleep Apnoea

It may also increase your ability to enjoy everyday physical activities.



Physiotherapist

We look forward to welcoming a new Physiotherapist to the Practice in the very near future

Jordan Lambi - Dietitian

Jordan graduated from the University of Queensland with a Master of Dietetics and Bachelor of Exercise and Nutrition Sciences. Jordan's experience includes private practice, acute care at the Princess Alexandra Hospital, corporate health and wellbeing with the Easternwell Oil and Gas company and elite sports nutrition with the Brisbane Broncos.

When it comes to dietetics, Jordan is an advocate for the wholefoods approach more so than prescribing dietary supplements. Jordan is passionate about helping people with their health through whole foods as much as possible.

OUR SERVICES

- Cervical Screening
- Child Health & Immunisations
- Chronic Disease Management
- Cortisone Injections
- Cosmetic Procedures
- Dietitian
- ECG - & Respiratory Assessment
- Health Assessments
- Implanon Insertion & Removal
- Insurance & PreEmployment
- Iron Infusions
- Laser Acupuncture
- Minor Surgical Procedures
- Mirena Insertion & Removal
- Photodynamic Therapy - PDT
- Physiotherapy (coming soon)
- Pregnancy & Antenatal Care
- Preventative Health Checks
- Prolo (Pain) Therapy
- Psychology
- Skin Checks & Treatment
- Travel Advice & Vaccinations
- Venesections
- Vitamin Infusions
- Weight Loss Clinic
- Womens & Mens Health
- WorkCover

Ask our Doctors & Nurses about our GP Management Plans
and Team Care Arrangements ie: Asthma / Diabetes /
and many more chronic conditions

OUR HOURS

MONDAY TO FRIDAY 8AM – 6PM / SATURDAYS 8AM – 12PM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DOCTORS						
DR SAM KHALIL	8:00am to 6:00pm	8:00am to 6:00pm	8:00am to 6:00pm	8:00am to 6:00pm	8:00am to 6:00pm	8:00am to 12:00pm
DR RAJAN PAYYAPPILLY	10:00am to 6:00pm	10:00am to 6:00pm				
DR JOTHAM JOUBERT	8:00am to 11:00am		8:00am to 2:00pm			
COSMETIC CLINIC	By Appointment	By Appointment	By Appointment	By Appointment		
DR MINA YOUNAN	3:30pm to 6:00pm	3:30pm to 6:00pm			3:30pm to 6:00pm	
TREATMENT ROOM						
Nurses	9:00am to 5:00pm	9:00am to 5:00pm	9:00am to 5:00pm	9:00am to 5:00pm	9:00am to 5:00pm	
ALLIED HEALTH						
PSYCHOLOGIST			Ask Reception for available times			
PHYSIOTHERAPIST						
DIETICIAN					Ask Reception for available times	
WEIGHT LOSS CLINIC	9:00am to 4:30pm	9:00am to 4:30pm	9:00am to 4:30pm	9:00am to 4:30pm	9:00am to 4:30pm	
ALL EARS IN HEARING				Ask Reception for available times		

BILLING & APPOINTMENTS

Appointments

Calamvale Family Practice is a mixed billing practice. Bulk Billing is available to all children under 16 years of age, all children attending school, and all adults holding valid Centrelink Concession Cards during our ordinary hours of operation.

PRIVATE BILLING

Standard Consultation \$70
(Medicare rebate - \$39.10)

Long Consultation \$110
(Medicare rebate - \$75.75)

We are registered with Medicare Australia Online to provide you with your automatic rebate. Please bring your EFTPOS cheque or savings account card to make this available to you.

VETERANS AFFAIRS

Card Holders are billed to Veteran's Affairs.

WORKCOVER

Workcover consultations are billed to the appropriate Workcover organisation.

EMERGENCIES ARE ASSESSED PROMPTLY

**Inform Reception if you are in pain or distress, have shortness of breath and/or chest pain, bleeding, if a rash is present, or you have been in an accident prior to arriving.
After the consultation please report to Reception.**

A Standard appointment is 15 minutes, and this is where one problem is addressed. Please make an appointment for each family member.

If you feel more time with the Doctor may be required, you are welcome to request a longer appointment. Also if you require a particular service when booking your appointment. Please inform our Receptionists, who are trained to assist you.

If you can no longer attend the appointment, please cancel or reschedule. A fee of \$40.00 applies if you fail to attend your appointment

WALK IN APPOINTMENTS

Walk in appointments are accepted but will be triaged.

UPON ARRIVAL

Please present your current Medicare Card and all Concession Cards at Reception and inform the Receptionist of any change of address and/or phone numbers along with contact details for emergency contact person. For all new patients, we ask that you fill out our New Patient Registration Form. You may be asked to complete a patient details update form.

AFTER CONSULTATION

Please report to reception to inform them you are leaving the premises.

DOCTORS OF CHOICE

We recognise the value of the Doctor/Patient relationship. Every effort is made to enable you to see the Doctor of your choice. There may be an occasion when you are seen by another Doctor in the Practice. Our records support good communication to facilitate your care. Our Doctors practice ethically and independently.

PRIVATE CONSULTATIONS

Medicare Australia does not cover consultations for Employment Medicals, Commercial Drivers Licenses, and Insurance/Superannuation Reports. A private fee will occur for these items, payable on the day of appointment.

Employment Medical - from \$120.00
Commercial Drivers Licence - \$115.00 incl GST
*Additional charges for ECG & Spirometry tests

MEDICAL CERTIFICATES are legal documents

We require you to make an appointment to obtain these.

PRESCRIPTIONS & ONGOING REFERRALS

You will need to make an appointment with your GP.

HOME VISITS

Home visits are up to the discretion of the Doctor. They are only available to existing patients attending our clinic who live locally to the practice. Home visits are pre-arranged with the Doctors and are conducted during surgery hours.

RESULTS & REPORTS

Please make an appointment to obtain results and reports unless the doctor instructs you otherwise.

You will be contacted to book an appointment if results are considered clinically significant.

RECALLS & REMINDERS

The Practice has a system whereby Patients are contacted for follow-up and preventative health care activities. Our practice participates in the National & State Reminder Registers. Please inform us if you wish to be excluded from these registers.

PHONE CALLS/EMAILS

Doctors are able to take calls/emails when time permits. If the Doctor is not available, a message will be taken and your call will be returned as soon as possible.

NATIONAL HOME DOCTOR SERVICE

Phone: 13 SICK (13 7425)

This after hours service is Home Doctor visits. Doctors house calls from: 6pm to 8am Monday to Friday / 12pm Saturday to 8am Monday / All day Sunday and Public Holidays.
Most visits are bulk billed.

BUILDING ACCESS

A wheelchair is available. Wheelchairs can access the surgery via the Centre's ramp. A disabled toilet is available within the practice.

INTERPRETER SERVICES

The use of qualified medical interpreters is our preferred choice when interpreting is required. The use of family members/friends/bilingual staff members are only to be used in an emergency when a qualified medical interpreter is not available.

ASSISTANCE ANIMALS WELCOME

Patients are welcome to bring their registered assistance animal to their appointments. Our practice team may ask to sight the assistance animal identity card, badge or harness to identify registration as our practice policy does not allow pets and emotional support animals into the practice.

REMEMBER - In an emergency, please call 000

PROLO THERAPY

WHAT IS PROLO (PAIN) THERAPY? Prolotherapy is the term used for "Proliferation Therapy" or "Regenerative Injection Therapy" and is a safe and effective option for the treatment of musculoskeletal injuries, osteoarthritis and chronic pain. The treatment originated in the 1930's when Dr. Earl Gedney, an Osteopathic Surgeon successfully treated his own severe hand injury using Prolotherapy.

Prolotherapy works by stimulating the body's natural repair mechanisms to heal injured or degenerative tissues.

The inflammatory stimulus from Prolotherapy raises the level of growth factors to resume or initiate a new connective tissue repair sequence. With the emergence of Orthobiologic therapies such as Platelet Rich Plasma (PRP) and Mesenchymal Stem Cell therapies, the possibilities and applications for Prolotherapy have intensified and it is a great non surgical option for patients suffering from musculoskeletal conditions.

Prolotherapy is a safe, non-invasive, drug-free and affordable treatment for those suffering chronic musculoskeletal pain and/or injury. Typically 2-8 sessions are needed to help you reach maximum relief. Each session includes multiple injections to the affected area. The amount of sessions needed depends on the extent and chronicity of your injury.

PHOTODYNAMIC THERAPY

Photodynamic Therapy Photodynamic Therapy (PDT) uses a cream and light source to make the cancer sensitive to light. It is used to treat sunspots, superficial BCCs and squamous cell carcinoma in situ (Bowen's disease). First the area is gently scraped with a curette to remove any dry skin or crusting. Then the light-sensitive cream is applied. After three hours a special light is shined onto the area. For skin cancers, PDT is usually repeated after a week.

Extract from the Cancer Council

PRIVACY & CONFIDENTIALITY

All Health Service Providers must comply with the Privacy Act 1988 (Commonwealth). The Act incorporates Australian Privacy Principles (APPs) that set the rules for the handling of personal information. These Principles cover collection, use, storage and disclosure of information.

Fully informed and voluntary consent as to the above must be obtained before or as soon as practicable after the collection of Health Information. Information about a person's medical history is needed to assist in providing diagnosis and treatment. To ensure quality and continuity of care, a Patient's health information may have to be shared with other health care providers.

There are circumstances where a Medical Practitioner is legally bound to disclose personal information. A request to view your medical records or to obtain a copy should be discussed with your doctor and put in writing.

Please refer to our Privacy Policy on our website / at reception that provides further information on the handling of your medical information.

Please do not hesitate to discuss any concerns you have about privacy related to your health information with your Doctor.

If not satisfied, you may contact:
The Federal Privacy Commissioner
GPO Box 5218, Sydney NSW 2000
Privacy Hotline: 1300 363 992

Practice Communication Policy

An incoming telephone call is the principal method for initial and subsequent communication by a patient and most other persons to this practice. As such, the telephone is recognised as a vital vehicle for creating a positive first impression, displaying a caring, confident attitude and acting as a reassuring resource for our patients and others.

Our aim is to facilitate optimal communication opportunities with our patients. Our GPs and other team members are aware of alternative modes of communication used by patients with a disability or a language barrier.

Our practice is mindful that even if patients have provided electronic contact details, they may not be proficient in communicating via electronic means. Patient consent needs to be obtained before engaging in electronic communication - including email, facsimile and SMS. Communication with patients via electronic means is conducted with appropriate regard to privacy.

Management of Patient Health Information

As an Australian-based organisation, any data and information collected is held, used and disclosed in accordance with the Privacy Act 1988.

'Personal health information' is a particular subset of personal information and can include any information collected about a person in order to provide a health service.

The information we collect about a patient can include medical details, family information, name, address, employment and other demographic data, past medical and social history, current health issues and future medical care, Medicare number, accounts details, and any health information such as a medical or personal opinion about a person's health, disability or health status.

Personal health information also includes the formal health record (written or electronic) and information held or recorded on any other medium (e.g. letter, facsimile, electronic, verbal).

For each patient we have an individual patient health record containing all clinical information held by our practice relating to that patient. Our practice ensures the protection of all information contained within these files.

FEEDBACK

We are interested in your suggestions, and appreciate your input. Periodically patients will be asked to assist us by completing a confidential survey. You will not be required to provide a name. At any time, you can provide feedback to reception or email our Practice Manager at smiller@calamvalefp.com.au

CODE OF ETHICS

This Practice abides by the AMA Code of Practice. Please discuss any problems in a timely manner with the doctor or staff on duty. Your concerns will be attended to promptly and confidentially without discrimination.

If you wish to take any complaints further, you may contact:

Office of the Health Ombudsman

PO Box 13281, George Street, Brisbane Qld 4003

Ph: 133 OHO (133 646). Fax: (07) 3319 6350

Email: info@oho.qld.gov.au

Website: <http://www.oho.qld.gov.au/contact-us/>

CODE OF CONDUCT

Help us make our practice a safe place for everyone, where all parties treat each other with respect. Anyone who yells, makes inappropriate remarks or threatens the safety of others will be asked to leave. This is a smoke free practice.



Opening Hours:

Monday to Friday

7:30am – 1pm



We acknowledge the Traditional Owners of the land where we work and live. We pay our respects to Elders past, present and emerging. We celebrate the stories, culture and traditions of Aboriginal and Torres Strait Islander Elders of all communities who work and live on this land.

